**LYNN OTTI’S FREE FOOD SHOP (LOFFS) SHOPPING LIST**

NAME:

ADDRESS:

MOBILE NUMBER:

EMAIL:

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| **SHOPPING ITEMS** | **TICK ITEM REQUIRED** |
| **GROUP 1**  **(ONE ITEM PER FAMILY)** | - |
| 1. COCO POPS |  |
| 1. RICE KRISPIES | NOT AVAILABLE |
| 1. FROSTED FLAKES |  |
| 1. CHEERIOS |  |
| 1. BRAN FLAKES |  |
| 1. CORNFLAKES |  |
| 1. HONEY HOOPS |  |
| 1. HONEY NUTS |  |
| 1. RICE SNAPS |  |
| 1. MULTIGRAIN HOOPS |  |
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| **GROUP 2** | - |
| 1. MILK |  |
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| **GROUP 3** | - |
| 1. SUGAR – 1kg |  |
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| **GROUP 4**  **(ONE ITEM PER FAMILY)** | - |
| 1. TEA: | - |
| TYPHOO |  |
| TETLEY |  |
| GOLD BLEND |  |
| PG TEA |  |
| 1. COFFEE – 90g |  |
| 1. KENCO |  |
| 1. HOT CHOCOLATE – 375g |  |
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| **GROUP 5**  **(ONE ITEM PER FAMILY)** | - |
| 1. STRAWBERRY JAM – 454g |  |
| 1. MARMALADE JAM – 454g |  |
| 1. RASPBERRY JAM – 454g |  |
| **GROUP 6**  **(ONE ITEM PER FAMILY)** | - |
| 1. JUICE: | - |
| ORANGE |  |
| PEACH |  |
| SUMMER FRUITS |  |
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| **GROUP 7**  **(ONE ITEM PER FAMILY)** | - |
| 1. COOKING OIL – 1L: | - |
| VEGETABLE |  |
| SUNFLOWER |  |
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| **GROUP 8**  **(ONE ITEM PER FAMILY)** | - |
| 1. BAKED BEANS – 420g: | - |
| BAKED BEANS WITHOUT ADDED SUGAR |  |
| CORALE BAKED BEANS |  |
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| **GROUP 9**  **(ONE ITEM PER FAMILY)** | - |
| 1. PLUM TOMATOES |  |
| 1. TOMATOE PUREE |  |
| 1. CHOPPED TOMATOES – 400g |  |
| 1. PEELED TOMATOES |  |
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| **GROUP 10**  **(ONE ITEM PER FAMILY)** | - |
| 1. CHICKEN SOUP – 400g |  |
| 1. TOMATO SOUP – 400g |  |
| 1. VEGETABLE SOUP – 400g |  |
| 1. MUSHROOM SOUP – 400g |  |
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| **GROUP 11**  **(ONE ITEM PER FAMILY)** | - |
| 1. POTATOES – 540g |  |
| 1. CARROTS – 300g |  |
| 1. GARDEN PEAS – 300g |  |
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| **GROUP 12**  **(ONE ITEM PER FAMILY)** | - |
| 1. PASTA SAUCE – 500g: | - |
| TOMATO & HERB | NOT AVAILABLE |
| ONION & GARLIC |  |
| BOLOGNESE |  |
| CHUNKY MUSHROOM |  |
| SWEET & SOUR |  |
| KORMA | NOT AVAILABLE |
| CHILLI |  |
| TIKKA MASALA |  |
| PASTA BAKE: CHEESE & BACON |  |
| PASTA BAKE: TUNA |  |
| MEATBALLS |  |
| CREAMY TOMATO & BACON | NOT AVAILABLE |
| 1. STIR FRY SAUCE – 120g: | - |
| CHOW MEIN |  |
| SWEET CHILLI & GARLIC |  |
| BLACK BEAN |  |
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| **GROUP 13**  **(ONE ITEM PER FAMILY)** | - |
| 1. TOMATO KETCHUP |  |
| 1. BROWN SAUCE – 480g |  |
| 1. MAYONNAISE – 450ml |  |
| 1. SALAD CREAM |  |
| 1. MALT VINEGAR – 586ml |  |
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| **GROUP 14**  **(ONE ITEM PER FAMILY)** | - |
| 1. CHICKEN PASTE – 75g |  |
| 1. INSTANT MASH POTATOES – 120g |  |
| 1. RICE PUDDING – 400g |  |
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| **GROUP 15** | - |
| 1. SALT – 750g |  |
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| **GROUP 16**  **(ONE ITEM PER FAMILY)** | - |
| 1. CHICKEN NOODLES |  |
| 1. CURRY NOODLES |  |
| 1. BACON NOODLES | NOT AVAILABLE |
| 1. BBQ BEEF NOODLES |  |
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| **GROUP 17**  **(ONE ITEM PER FAMILY)** | - |
| 1. RICE – 1kg |  |
| 1. SPAGHETTI – 500g |  |
| 1. PASTA – 500g |  |
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| **GROUP 18**  **(ONE ITEM PER FAMILY)** |  |
| 1. RICH TEA |  |
| 1. DIGESTIVES |  |
| 1. CUSTARD CREAMS |  |
| 1. GINGER NUT |  |
| 1. MALTED MILK |  |
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| **GROUP 19**  **(ONE ITEM PER FAMILY)** | - |
| 1. TOILET TISSUE |  |
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| **GROUP 20**  **(ONE ITEM PER FAMILY)** | - |
| 1. MAMIA BABY WIPES |  |
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| **GROUP 21**  **(ONE ITEM PER FAMILY)** | - |
| 1. TOOTHPASTE |  |
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| **GROUP 22**  **(ONE ITEM PER FAMILY)** | - |
| 1. SANITARY PADS |  |
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| **GROUP 23**  **(ONE ITEM PER FAMILY)** | - |
| 1. SOAP BAR |  |
| 1. BATH SOAK |  |
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| **GROUP 24**  **(ONE ITEM PER FAMILY)** | - |
| 1. LAUNDRY GEL: | - |
| ORIGINAL |  |
| TROPICAL SUNSET NON-BIO |  |
| JASMINE NON-BIO |  |
| 1. FABRIC CONDITIONER: | - |
| FABRIC CONDITIONER – 1L |  |
| FABRIC CONDITIONER – 665ML | NOT AVAILABLE |
| COMFORT PURE – 750ML |  |
| COMFORT BLUE SKIES – 750ML |  |
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| **GROUP 25**  **(ONE ITEM PER FAMILY)** | - |
| 1. BLEACH: | - |
| BLEACH SPRINGFORCE THIN 2L | NOT AVAILABLE |
| BLEACH FRESH – 750ML |  |
| BLEACH LEMON – 750ML |  |
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| **GROUP 26**  **(ONE ITEM PER FAMILY)** | - |
| 1. CREAM CLEANER – 500ML |  |
| 1. TOILET CLEANER: | - |
| SPRINGFORCE – 750ML | NOT AVAILABLE |
| ACTIVE GEL FRESH – 750ML |  |
| ACTIVE GEL LEMON – 750ML |  |
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| **GROUP 27**  **(ONE ITEM PER FAMILY)** | - |
| 1. WASHING UP LIQUID: | - |
| LEMON – 450ML |  |
| ORIGINAL – 450ML |  |
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