**THE BREAD PROJECT SHOPPING LIST**

NAME:

ADDRESS:

MOBILE NUMBER:

EMAIL:

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| **SHOPPING ITEMS** | **TICK ITEM REQUIRED** |
| **GROUP 1****(ONE ITEM PER FAMILY)** | - |
| 1. COCO POPS
 |  |
| 1. RICE KRISPIES
 |  |
| 1. FROSTED FLAKES
 |  |
| 1. CHEERIOS
 |  |
| 1. BRAN FLAKES
 |  |
| 1. CORNFLAKES
 |  |
| 1. HONEY HOOPS
 |  |
| 1. HONEY NUTS
 |  |
|  |  |
| **GROUP 2** | - |
| 1. MILK
 |  |
|  |  |
| **GROUP 3** | - |
| 1. SUGAR – 1kg
 |  |
|  |  |
| **GROUP 4****(ONE ITEM PER FAMILY)** | - |
| 1. TEA:
 | - |
| TYPHOO |  |
| TETLEY |  |
| GOLD BLEND |  |
| 1. COFFEE – 100g
 |  |
| 1. COFFEE – 40g
 |  |
| 1. COFFEE – 200g
 |  |
| 1. HOT CHOCOLATE – 375g
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|  |  |
| **GROUP 5****(ONE ITEM PER FAMILY)** | - |
| 1. STRAWBERRY JAM – 454g
 |  |
| 1. MARMALADE JAM – 454g
 |  |
| 1. RASPBERRY JAM – 454g
 |  |
| **GROUP 6** **(ONE ITEM PER FAMILY)** | - |
| 1. JUICE:
 | - |
|  ORANGE |  |
|  PEACH |  |
|  SUMMER FRUITS |  |
|  |  |
| **GROUP 7** **(ONE ITEM PER FAMILY)** | - |
| 1. COOKING OIL – 1L:
 | - |
|  VEGETABLE |  |
|  SUNFLOWER |  |
|  |  |
| **GROUP 8** **(ONE ITEM PER FAMILY)** | - |
| 1. BAKED BEANS – 420g:
 | - |
| BAKED BEANS WITHOUT ADDED SUGAR |  |
| BRANSTON BAKED BEANS |  |
|  |  |
| **GROUP 9** **(ONE ITEM PER FAMILY)** | - |
| 1. PLUM TOMATOES
 |  |
| 1. TOMATO PUREE
 |  |
| 1. CHOPPED TOMATOES – 400g
 |  |
|  |  |
| **GROUP 10****(TWO ITEMS PER FAMILY)** | - |
| 1. CHICKEN SOUP – 400g
 |  |
| 1. TOMATO SOUP – 400g
 |  |
| 1. VEGETABLE SOUP – 400g
 |  |
|  |  |
| **GROUP 11****(ONE ITEM PER FAMILY)** | - |
| 1. POTATOES – 540g
 |  |
| 1. CARROTS – 300g
 |  |
| 1. GARDEN PEAS – 300g
 |  |
|  |  |
| **GROUP 12** **(ONE ITEM PER FAMILY)** | - |
| 1. PASTA SAUCE – 500g:
 | - |
|  TOMATO & HERB |  |
|  ONION & GARLIC |  |
|  BOLOGNESE |  |
|  BOLOGNESE WITH ONIONS & GARLIC |  |
|  CHUNKY MUSHROOM |  |
|  SWEET & SOUR |  |
|  KORMA |  |
|  MEDIUM CHILLI |  |
|  TIKKA MASALA |  |
|  PASTA BAKE: CHEESE & BACON |  |
|  PASTA BAKE: TUNA |  |
|  MEATBALLS |  |
|  TOMATO & BACON |  |
| 1. STIR FRY SAUCE – 120g:
 | - |
|  CHOW MEIN |  |
|  SWEET CHILLI & GARLIC |  |
|  BLACK BEAN |  |
|  |  |
| **GROUP 13****(ONE ITEM PER FAMILY)** | - |
| 1. TOMATO KETCHUP
 |  |
| 1. BROWN SAUCE – 480g
 |  |
| 1. MAYONNAISE – 450ml
 |  |
| 1. SALAD CREAM
 |  |
| 1. MALT VINEGAR – 586ml
 |  |
|  |  |
| **GROUP 14****(ONE ITEM PER FAMILY)** | - |
| 1. CHICKEN PASTE – 75g
 |  |
| 1. INSTANT MASH POTATOES – 120g
 |  |
| 1. RICE PUDDING – 400g
 |  |
|  |  |
| **GROUP 15** | - |
| 1. SALT – 750g
 |  |
|  |  |
| **GROUP 16****(TWO ITEMS PER FAMILY)** | - |
| 1. CHICKEN NOODLES
 |  |
| 1. CURRY NOODLES
 |  |
| 1. BACON NOODLES
 |  |
| 1. BBQ BEEF NOODLES
 |  |
|  |  |
| **GROUP 17****(ONE ITEM PER FAMILY)** | - |
| 1. RICE – 1kg
 |  |
| 1. SPAGHETTI – 500g
 |  |
| 1. PASTA – 500g
 |  |
|  |  |
| **GROUP 18****(ONE ITEM PER FAMILY)** | - |
| 1. RICH TEA
 |  |
| 1. DIGESTIVES
 | NOT AVAILABLE |
| 1. CUSTARD CREAMS
 |  |
| 1. GINGER NUT
 |  |
| 1. MALTED MILK
 |  |
|  |  |
| **GROUP 19****(ONE ITEM PER FAMILY)** | - |
| 1. SOAP BAR
 |  |
| 1. BATH CREAM
 |  |
|  |  |
| **GROUP 20****(ONE ITEM PER FAMILY)** | - |
| 1. SANITARY PADS
 |  |
|  |  |
| **GROUP 21****(ONE ITEM PER FAMILY)** | - |
| 1. TOOTHPASTE
 |  |
|  |  |
| **GROUP 22****(ONE ITEM PER FAMILY)**  | - |
| 1. LAUNDRY SOAP:
 | - |
|  EASY NON-BIO POWDER  |  |
| 1. LAUNDRY GEL:
 | - |
| NON-BIO LAUNDRY GEL |  |
| TROPICAL SUNSET |  |
| JASMINE |  |
| 1. FABRIC CONDITIONER:
 | - |
| FABRIC CONDITIONER – 1L |  |
|  FABRIC CONDITIONER – 665ML |  |
|  COMFORT PURE – 750ML |  |
|  COMFORT BLUE SKIES – 750ML |  |
|  |  |
| **GROUP 23****(ONE ITEM PER FAMILY)** | - |
| 1. BLEACH:
 | - |
| BLEACH SPRINGFORCE THIN 2L |  |
| BLEACH FRESH – 750ML |  |
| BLEACH LEMON – 750ML |  |
|  |  |
| **GROUP 24****(ONE ITEM PER FAMILY)** | - |
| 1. CREAM CLEANER – 500ML
 |  |
| 1. TOILET CLEANER:
 | - |
| SPRINGFORCE – 750ML |  |
| ACTIVE GEL FRESH – 750ML |  |
| ACTIVE GEL LEMON – 750ML |  |
|  |  |
| **GROUP 25****(ONE ITEM PER FAMILY)** | - |
| 1. WASHING UP LIQUID:
 | - |
|  LEMON – 450ML |  |
|  ORIGINAL – 450ML |  |
|  |  |
| **GROUP 26****(ONE ITEM PER FAMILY)** | - |
| 1. TOILET TISSUE
 |  |
|  |  |
| **GROUP 27****(ONE ITEM PER FAMILY)** | - |
| 1. MAMIA BABY WIPES
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